



FOR IMMEDIATE RELEASE

MMR Information Systems, Inc. Announces Projected Membership Growth in Personal Health Record and MyESafeDepositBox Membership

SAN FRANCISCO, CA (March 25, 2010) - Robert H. Lorsch, Chairman and CEO of MMR Information Systems, Inc. (OTC.BB: [MMRF - News](#)), announced today to an audience gathered for the Health Technology Investment Forum in San Francisco that the Company is projecting membership growth from its MyMedicalRecords Personal Health Record (PHR) and MyESafeDepositBox services in excess of one million members this year. This is in addition to the PHR growth from patients who take advantage of the free patient portal at MMRPatientView integrated with its MMRPro service for physicians and subsequent patient upgrades.

Lorsch also announced that MMR is ready to deploy Personal Health Records to the millions of Americans who are expected to be faced with the management of healthcare costs resulting from the signing of this week's health care bill and related legislation.

MMR INFORMATION SYSTEMS, INC.

MMR Information Systems, Inc. (OTC.BB: [MMRF - News](#)), through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. ("MMR"), provides secure and easy-to-use online Personal Health Records ("PHRs") and electronic safe deposit box storage solutions, serving consumers, healthcare professionals, employers, insurance companies, unions and professional organizations and affinity groups. MyMedicalRecords enables individuals and families to access their medical records and other important documents, such as birth certificates, passports, insurance policies and wills anytime from anywhere using the Internet. The MyMedicalRecords Personal Health Record is built on proprietary, patented technologies to allow documents, images and voicemail messages to be transmitted and stored in the system using a variety of methods, including fax, phone, or file upload without relying on any specific electronic medical record platform to populate a user's account. The Company's professional offering, MMRPro, is designed to give physicians' offices an easy and cost-effective solution to digitizing paper-based medical records and sharing them with patients in real time. MMR is an Independent Software Vendor Partner with Kodak to deliver an integrated turnkey EMR solution for small to mid-size physician practices. MMR clients include AFL-CIO, LegalZoom, The Latino Coalition, MedicAlert, XN Financial and others. MMR is also an integrated service provider on Google Health. To learn more about MMR Information Systems, Inc. visit www.mymedicalrecords.com.

Forward-Looking Statements

Any statements contained in this press release that refer to future events or other non-historical matters are forward-looking statements. MMR Information Systems, Inc. disclaims any intent or obligation to update any forward-looking statements. These forward-looking statements are based on MMR Information Systems, Inc.'s reasonable expectations as of the date of this press release and are subject to risks and uncertainties that could cause actual results to differ materially from

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current expectations. The information discussed in this release is subject to various risks and uncertainties related to changes in MMR Information Systems, Inc.'s business prospects, results of operations or financial condition, government regulation, and such other risks and uncertainties as detailed from time to time in MMR Information Systems, Inc.'s public filings with the U.S. Securities and Exchange Commission.

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