



FOR IMMEDIATE RELEASE

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**MMR OFFERS OPPORTUNITY FOR HEALTHCARE EXECUTIVES AT HIMSS10 TO
“WALK ON THE MOON” WITH ASTRONAUT BUZZ ALDRIN**

Los Angeles, CA (February 18, 2010) - MMR Information Systems, Inc. (MMRF) announced today that Astronaut Buzz Aldrin, a member of the Company’s Board of Advisors, is scheduled to appear in the MyMedicalRecords booth #5539 on March 1 at the 2010 Healthcare Information and Management Systems Society (HIMSS) Conference & Exhibition. Hospital administrators, physicians, institutional investors, the military, government officials and international attendees will have the opportunity to have their photo taken with the Apollo 11 Astronaut. When processed, the photograph will depict Buzz Aldrin and the HIMSS10 attendee standing on the moon’s surface in the Sea of Tranquility where he landed on July 20, 1969. MMR with the assistance of Kodak will set up against a green screen in the booth and a Kodak photographer will shoot the special commemorative photo. MMR is calling attention to the launch of MMRPro, a complete document and patient chart management system for healthcare professionals.

The Company with Kodak is also co-hosting an invitation-only networking dinner the night before the opening of HIMSS10 to be attended by special guests Richard A. Gephardt, former U.S. Congressman and House Majority Leader; Asa Hutchinson, former U.S. Congressman and the first Under Secretary of the Department of Homeland Security; and Hector V. Barreto, who served five years as Administrator of the U.S. Small Business Administration and is currently Chairman of The Latino Coalition. Dick Gephardt and Asa Hutchinson are members of the Board of Advisors of MMR Information Systems, Inc., and Hector V. Barreto serves on the Company’s Board of Directors. Sunday’s event is being held for potential integration partners such as EMR vendors, investors and senior healthcare professionals attending the HIMSS show. For more information about the dinner, qualified attendees should contact info@mrrmail.com.

MMRPro is MMR’s premier physician document management solution and Personal Health Record system. Operating with the Kodak Scan Station 520 and Kodak Capture Pro software, it will be on full display at HIMSS10. Other additional Kodak document management solutions directed to the healthcare industry will also be on display. All these solutions utilize Kodak’s Capture Pro software and are capable of running MMRPro. MMR’s management team at HIMSS10 will be supported by representatives from Kodak.

According to Robert H. Lorsch, Chairman and Chief Executive Officer of MMR Information Systems, Inc., “The Company is calling attention to the importance of MMRPro and its integrated Personal Health Record. MMRPro gives physicians efficient and cost-effective access to digitized patient charts anytime from anywhere while providing immediate secure electronic access to patients of their Personal Health Record.” MMRPro can be viewed at www.mymedicalrecordsmd.com and the MyMedicalRecords consumer-controlled Personal Health Record at www.mymedicalrecords.com.

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The annual HIMSS Conference, which ranks as one of the largest health IT gatherings in the world, is being held at the Georgia World Congress Center March 1-4, 2010. Buzz Aldrin will be in the MyMedicalRecords booth # 5539 on March 1st.

About MMR Information Systems, Inc.

MMR Information Systems, Inc., through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. ("MMR"), provides secure and easy-to-use online Personal Health Records ("PHRs") and electronic safe deposit box storage solutions, serving consumers, healthcare professionals, employers, insurance companies, unions and professional organizations and affinity groups. MyMedicalRecords enables individuals and families to access their medical records and other important documents, such as birth certificates, passports, insurance policies and wills anytime from anywhere using the Internet. The MyMedicalRecords Personal Health Record is built on proprietary, patented technologies to allow documents, images and voicemail messages to be transmitted and stored in the system using a variety of methods, including fax, phone, or file upload without relying on any specific electronic medical record platform to populate a user's account. The Company's professional offering, MMRPro, is designed to give physicians' offices an easy and cost-effective solution to digitizing paper-based medical records and sharing them with patients in real time. MMR is an Independent Software Vendor Partner with Kodak to deliver an integrated turnkey EMR solution for healthcare professionals. MMR clients include AFL-CIO, Alexian Brothers Hospital Network, Coverdell, LegalZoom, The Latino Coalition, MedicAlert, NRA, XN Financial and others. MMR is also an integrated service provider on Google Health. To learn more about MMR Information Systems, Inc. visit www.mmrinformationssystem.com.

Forward-Looking Statements

Any statements contained in this press release that refer to future events or other non-historical matters are forward-looking statements. MMR Information Systems, Inc. disclaims any intent or obligation to update any forward-looking statements. These forward-looking statements are based on MMR Information Systems, Inc.'s reasonable expectations as of the date of this press release and are subject to risks and uncertainties that could cause actual results to differ materially from current expectations. The information discussed in this release is subject to various risks and uncertainties related to changes in MMR Information Systems, Inc.'s relationship with Kodak, scheduling during the Healthcare Information and Management Systems Society Conference and Exhibition, business prospects, results of operations or financial condition, and such other risks and uncertainties as detailed from time to time in MMR Information Systems, Inc.'s public filings with the U.S. Securities and Exchange Commission

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