



FOR IMMEDIATE RELEASE

CONTACT: Bobbie Volman
MyMedicalRecords, Inc.
(310) 476-7002, Ext. 2005
bvolman@mrrmail.com

**MMR INFORMATION SYSTEMS SHOWS SHARP INCREASE
IN AFFINITY GROUP AND CORPORATE USAGE**

*Nearly 500,000 Users with Access to the MyMedicalRecords Personal Health Record
and MyEsafeDepositBox.com Virtual Vault*

Los Angeles, California (June 29, 2009) – MMR Information Systems, Inc. (OTC Bulletin Board: MMRF.OB) (the “Company”), which through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. (“MMR”) provides consumer-controlled Personal Health Records (“PHRs”) (www.mymedicalrecords.com) and electronic safe deposit box storage solutions (www.myesafedepositbox.com), announced today that the number of members with access for use of the Company’s products through corporate and affinity group benefits programs has surpassed the one-half million member mark, a 200% increase from 12 months ago.

This number does not include the additional thousands of users who have subscribed to MMR accounts as individuals directly enrolling on the MMR Web sites.

“This accomplishment is a validation of our ongoing strategy to reach users through corporate and affinity group programs,” said Robert H. Lorsch, Chairman and CEO of MMR Information Systems, Inc. “We have been successful at continuing to bring high-profile organizations such as the AFL-CIO, Alexian Brothers Hospital Network, Coverdell, LegalZoom, MedicAlert, and the National Rifle Association into our membership pipeline.”

The Company expects that the membership curve should continue to increase sharply throughout the rest of 2009 because of the time it takes those organizations to fully deploy the MMR product offerings to their users. As MMR’s products are typically integrated into an organization’s membership benefits and compatible lifestyle offerings, it takes time for the Company to go from signed contract to product distribution in print collateral, direct mail and integration into an organization’s Web site. The process can take anywhere from six to 18 months, so MMR is now beginning to see rapid increases in accounts and usage from contracts signed in 2007 and 2008.

“The growth in awareness of what a personal health record is and its importance to all our lives is exploding around us,” Lorsch added. “Clearly, this is a company in a right market at a right time. Clients are exposing our products to more and more of their membership base, and as a result, we can see that their membership uses them. This tells us that users recognize the value that a MyMedicalRecords PHR and MyEsafeDepositBox electronic vault brings to their life.”

The new membership milestone follows last week’s announcement that MMR has fully deployed its outbound fax functionality, which enables users to access their MyMedicalRecords PHR or MyEsafeDepositBox to receive documents, images and records from any EMR, fax machine or telephone and then send a record in its native format either by e-mail or fax within seconds. There is no limit on the number of faxes users can electronically receive or send and the cost is about half that of competitive fax mail services.

The Company sees this feature set as helping maximize additional shareholder value by taking advantage of Lorsch’s track record of previous successes in the telecommunications industry.

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About MMR Information Systems, Inc.

MMR Information Systems, Inc., through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. (“MMR”), provides secure and easy-to-use online Personal Health Records (“PHRs”) and electronic safe deposit box storage solutions, serving consumers, healthcare professionals, employers, insurance companies, unions and professional organizations. MyMedicalRecords enables individuals and their families to have greater control over their health and well-being by facilitating access to their medical records and other important documents -- such as birth certificates, passports, insurance policies and wills -- anytime from anywhere using the Internet.

The MyMedicalRecords PHR service, accessed through www.mymedicalrecords.com, allows documents, images and voicemail messages to be transmitted and stored in the MyMedicalRecords PHR system using a variety of methods, including fax, phone, or file upload without relying on any specific electronic medical record platform.

The proprietary MyEsafeDepositBox service, available at www.myesafedepositbox.com, provides secure online storage for vital financial, legal and insurance documents in addition to medical records, and serves as a powerful emergency-preparedness tool for industry, individuals and municipalities.

Information about the MyMedicalRecords Pro service, designed to give physicians' offices an easy and cost-effective solution to digitizing paper-based medical records, is available at www.mymedicalrecordsmd.com.

To learn more about MMR Information Systems, Inc., visit www.mmrinformationssystem.com.

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Statements in this press release that are not strictly historical in nature constitute "forward-looking statements." Such forward-looking statements involve known and unknown risks, uncertainties and other factors that may cause the Company's actual results to be materially different from any results expressed or implied by such forward-looking statements. These factors include, but are not limited to, the risk that MMR's products are not adopted or viewed favorably by the healthcare community and additional risks discussed in the Company's filings with the Securities and Exchange Commission. All forward-looking statements are qualified in their entirety by this cautionary statement. All subsequent written and oral forward-looking statements attributable to the Company (or any person acting on the Company's behalf) are qualified by the cautionary statements in this notice. MMR Information Systems, Inc. is providing this information as of the date of this release and, except as required by law, does not undertake any obligation to update any forward-looking statements contained in this release as a result of new information, future events or otherwise.