



**FOR IMMEDIATE RELEASE**

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### **MMR Information Systems, Inc. Taps Board Member Douglas H. Helm to Manage Chartis Insurance Alliance**

LOS ANGELES, CA (April 5, 2010) - MMR Information Systems, Inc. (OTC.BB:MMRF - News) (MMR) announced today that Douglas H. Helm, a member of MMR's board of directors and a career insurance executive, will oversee the Company's recently-concluded agreement with Chartis. Helm will be responsible for helping the Company launch and deploy MMR's MyMedicalRecords.com Personal Health Record (PHR) ([www.mymedicalrecords.com](http://www.mymedicalrecords.com)) and MyESafeDepositBox virtual vault to Chartis local companies worldwide. The Chartis PHR is expected to be introduced in 160 countries and will initially be available in English, Spanish, German, French, Italian, Japanese and Chinese.

Helm's most recent post was as President and Chief Operating Officer of Plenary Insurance Services, an employee benefit consulting subsidiary of Employers Direct, until its sale in late 2009. Over the course of his career, he has distinguished himself in the personal lines and workers' compensation business and by introducing leading-edge, technology-driven insurance products and sales tools.

According to Helm, who will work with MMR CEO Bob Lorsch to manage the Insurance and Banking Services for the Company, "MMR's alliance with Chartis represents a unique opportunity to be the largest deployment of an online Personal Health Record service. The convenience and potentially life-saving advantages for individuals and their families of maintaining a portable PHR are well documented, particularly in emergencies such as fires, floods, tornadoes and earthquakes. Now this important service, built on MMR's proprietary applications, will be made available to many of the more than 40 million clients that make up the worldwide Chartis policyholder base."

Helm began his insurance career with CNA as a special risks underwriter in the Accident & Health division. He was among the first to develop and apply Internet technologies to redefine distribution strategies for marketing personal lines insurance in the U.S. when, as Chief Executive Officer of the P&C Group of InsWeb Corporation, he led the team that provided the first real-time interactive auto insurance quote direct to consumers via the Internet. Helm was also Executive Vice President, Sales and Marketing at National Information Group, South San Francisco. While there, he managed the acquisition of Fastrac Systems, Inc., one of the leading insurance trackers and call centers for the automotive leasing and property insurance industries. He also formed National Information Group subsidiary, Pinnacle Data Corporation, and was instrumental in its landmark nationwide development project that converted over 100,000 paper FEMA Flood maps into digital data accessible over the Internet, a revolutionary new product for mortgage banks, insurance carriers and brokers and government agencies. When National Information Group was acquired by The First American Corporation, Santa Ana, California, Helm served as Senior Vice President, Business Development of its subsidiary, First American Real Estate Information Services, Inc.

Helm has consulted on insurance-related development projects throughout the U.S. and internationally, developing marketing and sales distribution strategies for insurance carriers and financial service companies in London, Moscow, and the People's Republic of China. He holds a J.D. from Northwestern School of Law, Portland, Oregon, and is a member of the Oregon State Bar. He also is a licensed insurance broker in California.

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## MMR INFORMATION SYSTEMS, INC.

MMR Information Systems, Inc., through its wholly-owned operating subsidiary, MyMedicalRecords, Inc., provides secure and easy-to-use online Personal Health Records and electronic safe deposit box storage solutions, serving consumers, healthcare professionals, employers, insurance companies, unions and professional organizations and affinity groups. MyMedicalRecords enables individuals and families to access their medical records and other important documents, such as birth certificates, passports, insurance policies and wills anytime from anywhere using the Internet. The MyMedicalRecords Personal Health Record is built on proprietary, patented technologies to allow documents, images and voicemail messages to be transmitted and stored in the system using a variety of methods, including fax, phone, or file upload without relying on any specific electronic medical record platform to populate a user's account. The Company's professional offering, MMRPro, is designed to give physicians' offices an easy and cost-effective solution to digitizing paper-based medical records and sharing them with patients in real time. MMR is an Independent Software Vendor Partner with Kodak to deliver an integrated turnkey EMR solution for small to mid-size physician practices. MMR is also an integrated service provider on Google Health. MMR's Board of Advisors includes Dr. Buzz Aldrin, Apollo 11 Astronaut, Hector V. Barreto, former Administrator of the U.S. Small Business Administration, Richard A. "Dick" Gephardt, former U.S. Congressman who served as both Majority Leader and Minority Leader of the U.S. House of Representatives, Asa Hutchinson, former U.S. Congressman and First Under Secretary of Homeland Security, and "Sugar" Ray Leonard, professional athlete and entrepreneur. For more information about the Company and its products, visit [www.mymedicalrecords.com](http://www.mymedicalrecords.com) and view our video demonstrations at [www.mymedicalrecordsonline.com/videos](http://www.mymedicalrecordsonline.com/videos).

### **Forward-Looking Statements**

Any statements contained in this press release that refer to future events or other non-historical matters are forward-looking statements. MMR Information Systems, Inc. and Chartis International disclaim any intent or obligation to update any forward-looking statements. These forward-looking statements are based on the reasonable expectations of both parties as of the date of this press release and are subject to risks and uncertainties that could cause actual results to differ materially from current expectations. The information discussed in this release is subject to various risks and uncertainties related to changes in MMR Information Systems, Inc.'s relationship with Chartis International, the parties' business prospects, results of operations or financial condition, international government regulations and such other risks and uncertainties as detailed from time to time in MMR Information Systems, Inc.'s and Chartis International's public filings with the U.S. Securities and Exchange Commission.

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