



**FOR IMMEDIATE RELEASE**

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### **MMR INFORMATION SYSTEMS, INC. ANNOUNCES DECEMBER 15 INVESTOR CALL**

**Los Angeles, California (December 11, 2009)** – MMR Information Systems, Inc. (OTC Bulletin Board MMRF) (the “Company”), which through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. (“MMR”) provides consumer-controlled Personal Health Records (“PHRs”) ([www.mymedicalrecords.com](http://www.mymedicalrecords.com)) and electronic safe deposit box storage solutions ([www.myesafedepositbox.com](http://www.myesafedepositbox.com)), announced today that it has scheduled an Investor Call hosted by Chairman and CEO Robert H. Lorsch on Tuesday, December 15, at 11:30 a.m. Pacific Time (U.S. and Canada).

The call will give investors an update on the Company’s business and an opportunity to interact with management through a question and answer session scheduled for the second half of the one-hour event.

The Company will respond to questions about the launch of MMRPro, now being offered as a bundled end-to-end solution with Kodak Capture Pro software and the Kodak Scan Station 520, the Company’s efforts in the international marketplace, particularly its recent trip to China, as well as the Company’s plan to introduce a coordinated user interface across its personal and professional product line.

Investors can access the call via Webcast and must register in order to participate at the following link: <http://wcc.webeventservices.com/view/wl/r.htm?e=153966&s=1&k=5C56CA5BBE5AE231E416C306027C016E&cb=blank>. This link also is posted on the Company’s Web site [www.mymedicalrecords.com](http://www.mymedicalrecords.com) (in the Investor Relations section).

Please plan to join the Webcast at least 15 minutes before the scheduled starting time as you may need to download and install the required software.

A replay of the call will be available for 30 days on the Company’s Web site [www.mymedicalrecords.com](http://www.mymedicalrecords.com), in the Investor Relations Section.

For any questions, contact [info@mrrmail.com](mailto:info@mrrmail.com).

#### **About MMR Information Systems, Inc.**

MMR Information Systems, Inc. (MMRF.ob), through its wholly-owned operating subsidiary, MyMedicalRecords, Inc. (“MMR”), provides secure and easy-to-use online Personal Health Records (“PHRs”) and electronic safe deposit box storage solutions, serving consumers, healthcare professionals, employers, insurance companies, unions and professional organizations and affinity groups. MyMedicalRecords enables

individuals and families to access their medical records and other important documents, such as birth certificates, passports, insurance policies and wills anytime from anywhere using the Internet. The MyMedicalRecords Personal Health Record is built on proprietary, patented technologies to allow documents, images and voicemail messages to be transmitted and stored in the system using a variety of methods, including fax, phone, or file upload without relying on any specific electronic medical record platform to populate a user's account. The Company's professional offering, MMRPro, is designed to give physicians' offices an easy and cost-effective solution to digitizing paper-based medical records and sharing them with patients in real time. MMR is an Independent Software Vendor Partner with Kodak to deliver an integrated turnkey EMR solution for small to mid-size physician practices. MMR clients include AFL-CIO, Alexian Brothers Hospital Network, Coverdell, LegalZoom, The Latino Coalition, MedicAlert, NRA, Qvisory, XN Financial and others. MMR is also an integrated service provider on Google Health. To learn more about MMR Information Systems, Inc. visit [www.mmrinformationssystem.com](http://www.mmrinformationssystem.com).

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### **Forward-Looking Statements**

Any statements contained in this press release that refer to future events or other non-historical matters are forward-looking statements. These statements relate to future events or our future financial performance. In some cases, you can identify forward-looking statements by terminology such as "should," "expects," "believes," "potential," or the negative of such terms and other comparable terminology. MMR Information Systems, Inc. disclaims any intent or obligation to update any forward-looking statements. These forward-looking statements are based on MMR Information Systems, Inc.'s reasonable expectations as of the date of this press release and are subject to risks and uncertainties that could cause actual results to differ materially from current expectations, as detailed from time to time in MMR Information Systems, Inc.'s public filings with the U.S. Securities and Exchange Commission.